

Birmingham and Solihull Mental Health NHS Foundation Trust

# **Sharing Information with Family and Friends**

# Venue: The Uffculme Centre, Queensbridge Road, Moseley, Birmingham B13 8QY

### Dates: 15 October 2015

### **Course Tutors:**

Mr Chris Mansell, Deputy Director – The Meriden Family Programme Mr Peter Woodhams, Carer Consultant – The Meriden Family Programme Trust Solicitor – Birmingham & Solihull Mental Health NHS Foundation Trust

Confidentiality and the way in which service users, families and provider services share information has raised debate throughout the history of healthcare. This is perhaps particularly so within mental health care. Families and friends often play an incredibly important role in the lives of service users, and as such can have an important role in maintaining their mental health, safety and wellbeing. Equally, feeling involved and included can help relatives feel less stressed, help sustain their own health and enable them to better support their loved one.

The issue of confidentiality is complex. Confidence around what information can/cannot be shared freely can sometimes be low and the issues compounded if the service user does not give consent.

This interactive training day aims to reflect upon these issues and introduce good practice strategies for working with service users, their families, friends and significant others. Learning objectives for the day will be:

- To clarify what is meant by confidentiality, information-sharing, and the different types of information.
- To encourage participants to reflect on issues relating to confidentiality and informationsharing.
- To explore the benefits of sharing information and of establishing more collaborative patterns of working.
- To reflect upon good practice strategies for sharing information with carers
- To discuss common scenarios and dilemmas that can arise in relation to information sharing, and how these can be addressed.

### **CLOSING DATE FOR APPLICATIONS – 5 October 2015**

#### COST FOR EXTERNAL DELEGATES (no charge for BSMHFT staff) (Lunch, refreshments and all course materials are Included)

Early Bird Rate (bookings made before 5 October 2015 - £100 per participant Bookings made after 5 October 2015 - £125 per participant

There are limited places available for the above course. If you are interested in attending please complete the attached booking form and return to Maria Albanese on:
Fax: 0121 301 2891 Email maria.albanese@bsmhft.nhs.uk

