



# ISPS UK Residential Conference

**Book Now: [www.tinyurl.com/isps-2016](http://www.tinyurl.com/isps-2016)**

7th & 8th September 2016, Exeter University

A national conference for people with personal experience of psychosis, their family, friends and anyone who works to support them.

## **Therapeutic Relationships: Challenges for Mental Health services and those who use them**

**Wednesday 7th - Thursday 8th September 2016**

**@ Peter Chalk Centre, Streatham Campus, University of Exeter**

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**Speakers include:** Gwen Adshead, Marcus Evans, Suman Fernando, Mark Hopfenbeck, Eleanor Longden, Rose McCabe, Silje Marie Strandberg & Lone Viste Fagerland

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NICE guidelines recommend 'best practice' based on a 'model' of care. However there is considerable evidence that the therapeutic relationship is at least as important as the approach used.

In this conference experts by experience, family members, friends and professionals from varied backgrounds will come together to consider the importance of the therapeutic relationship throughout the lived experience of psychosis. **Book your place now at [www.tinyurl.com/isps-2016](http://www.tinyurl.com/isps-2016)**

**Topics to be covered include:** Personal accounts of what can help/hinder the development of therapeutic relationships; How organisations can help/hinder the development of therapeutic relationships; Specific difficulties in this area experienced by members of black and minority ethnic groups; Open Dialogue approaches; Compassion - for others, ourselves and our experiences; Attachment theory – how this may help us understand relationships.

In addition to speaker led sessions there will be a full programme of workshops and paper/research presentations covering a wide range of topics relevant to the conference theme.

You can find more details at [www.tinyurl.com/isps-2016](http://www.tinyurl.com/isps-2016)

**TO JOIN ISPS UK:**

[www.ispsuk.org](http://www.ispsuk.org)

**OR EMAIL:**

[admin@ispsuk.org](mailto:admin@ispsuk.org)

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## ADDITIONAL INFORMATION

ISPS UK is an inclusive organisation interested in the human experience of psychosis and in humane responses to people affected. It aims to promote dialogue about, and understanding of, differing perspectives on the nature of psychosis. It works to increase awareness of, and access to, a diverse range of social, psychological and creative approaches to the psychoses. We aim to provide a supportive space at our events where people from differing backgrounds and with very different experiences of psychosis can come together and learn from each other. We intend to ensure that the conference programme allows plenty of time for discussion around the issues raised.

For this year's residential conference we will have two artists in residence hosting a creative space thanks to support from Kneehigh Theatre's Rambles programme ([www.kneehigh.co.uk](http://www.kneehigh.co.uk)) and funding from FEAST ([www.feastcornwall.org](http://www.feastcornwall.org)). Over the two days we hope that they will engage with the conference delegates helping to facilitate dialogue using creative techniques and developing an installation that reflects the issues raised and discussed.

## Book Your Place

Fees include conference dinner, but not accommodation – to be booked separately via link below

- \* ISPS UK Members - £260
- \* Non-Members - £320
- \* \*Subsidised Rate, for low-waged (<£12K) people with lived experience of psychosis and their families, who are also members of ISPS UK – £105

**\*Subsidised rates are limited.** As well as offering these places to those listed above, we may be in a position to allocate a few subsidised rates to students who are ISPS UK members, but students will need to apply to the ISPS UK office rather than booking directly online (please contact Ali at [admin@ispsuk.org](mailto:admin@ispsuk.org)). **Those with lived experience and their families may book directly on-line.**

A limited number of free bursary places are available for low-waged (<£12K) ISPS UK members with personal experience of psychosis (either themselves or a family member) who have not recently benefited from a bursary place at one of our conference.

Please contact Ali to find out more – [admin@ispsuk.org](mailto:admin@ispsuk.org)

Book Your Conference Place Online | Book Your Accommodation Online

**ISPSUK** THE INTERNATIONAL SOCIETY  
FOR PSYCHOLOGICAL  
AND SOCIAL APPROACHES TO PSYCHOSIS



ARTS COUNCIL  
ENGLAND

